

# What is 'Mad People's History and Identity'?

Mad People's History & Identity is an exciting new 5 week course starting soon at Queen Margaret University and open to anyone who has lived experience of mental health issues.

## **We'll cover topics including:**

What Is Mad People's History?  
A History of Confinement and Treatments  
What is Madness?  
Madness, Gender and Sexuality  
Activism



## **This course will give you the chance to:**

- Learn more about mad people's history and identity in a relaxed and supportive setting
- See yourself and others as "experts by experience"
- Connect with advocacy and activist organisations, locally, nationally and internationally
- Develop confidence and skills to prepare you for further or higher education
- Complete an optional piece of writing to achieve 20 nationally recognised university credits (20 credits at SCQF level 7)
- Discuss entry into college and university

**WHERE?** Queen Margaret University

**WHEN?** Wednesdays from 10.15am to 3.15pm, 6 April - 11 May 2016 .

**HOW MUCH?** FREE

**HOW DO I FIND OUT MORE AND APPLY?** Contact module coordinator Elaine Ballantyne:

**EBallantyne@qmu.ac.uk**  
**0131 474 0000 (ask for Elaine Ballantyne when prompted)**

This project is a partnership between Queen Margaret University, CAPS Independent Advocacy and NHS Lothian Mental Health and Wellbeing Programme.